



My Personal Vision and Goals



“You will either lead a life by design or live a life by default!”

Role: Personal (Physical, Mental, Emotional, Spiritual)

Vision: I choose to live a balanced, healthy lifestyle and I am in great physical shape. I maintain a high level of spirituality and my relationship with God is of the utmost importance. I am financially free with no debt or financial obligations to anyone. I am disciplined, focused, and put in the effort to do what matters most!

Goal(s):

Physical: Run a 10k by September 1st. Average 72 BPM by July 1st.

Mental: Read at least 12 improvement/motivation books before Dec 30th.

Emotional: Average two yoga sessions per week.

Spiritual: Read the Old Testament before Dec 30th.

Role: Manager

Vision: I am a transformational leader who knows the stories of my team members. I invest in whatever resources I can to give my team the best training and help them reach their fullest potential. I'm the type of leader they would support and follow without the title!

Goal(s): 1. Finalize the strategic plan for our division by February 1st.

2. Do a Continue - Start - Stop with all employees by April 1st.

3. Achieve \$1.5M in sales by December 27th.

4. Acquire 15 new customer contracts by June 1st.

Role: Parent

Vision: I am an example in thought and deed of what a true gentlemen looks like. I am the type of person I want my daughters to marry. I am present with my children and we constantly develop great memories together. I help them see their potential and how they can make a difference in the world. I am vulnerable and I empathize with them.

Goal(s): 1. Average one family weekend trip within five hours of our home every other month.

2. Take each kid on at least one, one-on-one trip before Dec 30th.

3. Help each child finish their Roles and Goals by January 10th.

4. Average one fun daddy/daughter (son) date night per month.

Role: Spouse or Partner

Vision: I am a kind and caring husband who always helps Tonya feel like a 10. I am totally faithful in thought and action and I constantly strive to compliment her, serve her, and be the husband of her dreams!

Goal(s): 1. Read Start with the Vision together and go through the Six-Step Process for our relationship by July 1st.

2. At least two weekend getaway trips together before December 30th.

3. Average two dates a month without the children.

4. Finalize a family vision by March 1st.

Role: _____

Vision: _____

Goal(s): _____

Accountability: I will share my goals with _____